

## **1. Department of Health**

### **1.1. North Metropolitan Health Service**

#### ***1.1.1. Adolescent Clinic Services***

*Target Group:* 13 years – 17 years at delivery. If indicated by referring General Practitioner that the service would be beneficial to the woman, then consideration is given to women who will be 18 years at time of delivery.

*Service Provider:* King Edward Memorial Hospital.

*Description of Service:*

- Primarily hospital and appointment based.
- Access to a multidisciplinary team, including obstetrician, offering holistic antenatal and postnatal management for young pregnant adolescents.
- Social workers and clinical psychologists provide antenatal support. Appointments with clinical psychologists are offered prior to the first antenatal appointment if a referral indicates significant mental health issues, ensuring management is implemented early.
- Parent Education Midwives are available to provide one-on-one assistance as appropriate.
- Adolescent Support Midwives conduct a vital home visit at approximately 36-40 weeks to offer a further education session and assess the environment while noting any potential risks factors for the adolescent and her baby.
- A postnatal check is offered to those accessing the service, primarily to initiate contraception and for any further psycho/social assistance.
- Support during the postnatal period is provided through home visits or phone contact.

*Department of Health comment:*

- Transport is a major issue for some of the adolescents accessing the service and therefore support is offered for arranging transport for attending appointments. Additionally, shared care with suitable General Practitioners in remote areas and communication with local midwives is important.

#### ***1.1.2. Adolescent Health Service***

*Target Group:* Young pregnant women under the age of 18 years at time of delivery and their support persons throughout the pregnancy continuum.

*Service Provider:* King Edward Memorial Hospital / State-wide referrals.

*Description of Service:*

- Midwife provides ongoing postnatal care both in person at the woman's home and via telephone. The number and frequency of visits will vary according to individual need. For many of the women, this care continues for up to three months.

- Whilst visiting a parent's home, the Midwife is able to assess the physical, social and emotional environment and available supports during the postnatal period.
- The Midwife will meet with the women at the postnatal assessment clinic at six weeks postpartum. The multidisciplinary team are also available at this appointment to provide support and assistance for any physical or psychosocial issues with which the woman requires assistance. Contraception is arranged at this visit, often in the form of the Implanon.
- The Midwives provide antenatal education tailored to meet an individual's education needs. Antenatal education is often provided in the home where the young women and their partners are more receptive, this will often take place on more than one occasion according to the learning capacity of the individuals in the families involved. This also provides another opportunity to assess the dynamics of the relationships of the mothers' support network.
- Through information sharing with other government agencies, a cross-government response to an individual's situation can be provided at any stage if required.
- The outcomes for this cohort were last evaluated in 2003, where a randomised controlled trial focusing on the postnatal visits demonstrated that the visits by the midwife from the Adolescent Health Service reduced adverse neonatal events and improved contraceptive outcomes. (Lancet, 2003, Postnatal home visits in teenage mothers: a randomised controlled trial).
- As part of the Adolescent Health Service, Midwives also visit the Balga Teen Family Centre to discuss contraception and Sexually Transmitted Infections with young mothers. The Balga Teen Family Centre enables young mothers to continue their education whilst having access to onsite child care.

*Department of Health comment:*

- Although nationally the rate of pregnancy in teenagers has reduced overall, the young women who are currently presenting have much more complex challenges. These include polydrug use, alcohol abuse, high incidence of smoking and poor social and limited family support. In some instances the young women themselves are under the care of the Department of Child Protection and Family Support and may be unemployed, homeless or victims of family domestic violence and sexual abuse. In addition, these young women often have limited literacy and comprehension skills or severe learning difficulties due to conditions such as Foetal Alcohol Syndrome Disorder. These women often present malnourished, resulting in severe anaemia, Vitamin B12 and Vitamin D deficiencies. They also have a higher incidence of Sexually Transmitted Infections than the general population. These factors create potential barriers to care as the young women are fearful to disclose them. In view of the above challenges, their pregnancies are very high risk and require specialist care. General Practitioners do not always refer young women to this, or similar services. Additionally, late presentation to General Practitioners may delay referrals to the Service. Referrals received late

in the woman's pregnancy limit the opportunity for collaborative assessment and planning.

- Aboriginal women can be reluctant to engage with the service, however collaboration with the Senior Aboriginal Health Promotion Officer at the King Edward Memorial Hospital has assisted in overcoming some of these issues.

### **1.1.3. Mother Baby Unit**

*Target Group:* Child bearing women of all ages.

*Service Provider:* Women and Newborn Health Service/King Edward Memorial Hospital.

*Location of Services:* North Metro, partial East Metro, some South Metropolitan Health Service, WA Country Health Service, State-wide for specific groups (i.e. high risk mental health pregnancies).

*Description of Service:*

- Inpatient mental health unit for women and their infants to promote effective and safe parenting in the context of a mental illness.
- Programmes offered include Cognitive Behavioural Therapy and Circle of Security program.
- Available during the antenatal period and up until 1 year after birth.

### **1.1.4. Adolescent Antenatal Clinic**

*Target Group:* Under 18 and pregnant.

*Service Provider:* Department of Health (WA).

*Location of Services:* King Edward Memorial Hospital.

*Description of service:*

- Young people attend and receive holistic services provided by a multidisciplinary team as part of their antenatal and immediate postnatal care.
- Services include social work, psychology, contraception and parent education. Psychiatry review, diabetes and substance use education are also available on request.

### **1.2.1 South Metropolitan Health Service**

#### **1.2.2 *Young Parents Group***

*Target Group:* 25 years and under.

*Service Provider:* Ngala.

*Location of Services:* Rockingham/Metro South West.

*Description of Service:*

- A five week series of workshops for young parents under 25 years with a newborn baby, provided for 4 months after birth.

#### **1.2.3. *Complex Care Group***

*Target Group:* All patients booked to Rockingham General Hospital with complex social psychological or medical issues complicating antenatal, intrapartum or postnatal period. Criteria include adolescents and young families with limited community support.

*Service Provider:* Core staff.

*Location of Services:* No boundaries. Alerts accepted for out of area patients.

*Department of Health Comment:*

- Audit is currently underway to capture information regarding demographics, follow up care and communication.

### **1.3 Fiona Stanley Fremantle Hospital Group**

#### **1.3.1 *Mother and Baby Unit***

*Target Group:* Women experiencing mental health issues such as depression, anxiety or psychosis in late pregnancy and during the postnatal period.

*Service Provider:* Fiona Stanley Hospital Women, Children and Newborn Service

*Location of Services:* Fiona Stanley Hospital

*Description of Service:*

Services are provided by a diverse clinical multi-disciplinary team:

- consultant psychiatrist, psychiatric registrar and medical officer;
- nurse unit manager;
- clinical nurse specialist;
- registered mental health nurses, general nurses, enrolled nurses and mothercraft nurses;
- clinical psychologist;
- occupational therapist;
- senior social worker;
- dietician; and
- pharmacist.

## **1.4 Department of Health - East Metropolitan Health Service**

### ***1.4.1 Supporting Those at Risk (STAR) Antenatal Clinic.***

*Target Group:* Adolescents under 17 years experiencing alcohol / substance use, psychiatric illness, family and domestic violence, trauma history, Department for Child Protection and Family Support involvement or individual circumstances requiring continuity of care.

*Service Provider:* Armadale Health Service.

*Location of Services:* Armadale Health Service Antenatal Clinic and maternity services.

#### *Description of Service:*

Multi-disciplinary team approach (social worker; mental health liaison; consultant nurse; specialist obstetrician; specialist midwife; maternity management) including:

- Complex Care – care plan;
- Customised parent education;
- External Resources such as Communicare Young Active Parents Program (YAPP)/ Gosnells Women's Health; Infocus; Next Step;
- Longer appointment times;
- More frequent appointments;
- 'Drop in' appointment availability;
- Discharge planning;
- Extended postnatal hospital stay;
- Mothercrafting support & documentation;
- Contraception counselling;
- Material needs for baby; and
- Special Child Health Nurse Referral.

#### *Department of Health comment:*

Outcomes observed include:

- Increased attendance rates from 5.8 visits to 7.5;
- Lower 'Do Not Attend' appointments;
- Decrease in low birth weight babies;
- Increased breastfeeding rates; and
- Increased confidence and satisfaction.

Barriers observed include:

- Late referral from General Practitioner;
- Not identified on General Practitioner referral as requiring support/at risk;
- Perceived judgemental care from other service providers;
- Stigma/fear;

- Concern over legal consequences and/or Department for Child Protection and Family Support involvement;
- Lack of transport;
- Concealed pregnancy;
- Attending hospital; and
- Lack of social supports.

#### **1.4.2 Midwifery Group Practice**

*Target Group:* Routine antenatal care for all at risk women.

*Service Provider:* Armadale Health Service.

*Location of Services:* Armadale Health Service and Horizon House.

*Description of Service:*

- Access to a midwifery team throughout pregnancy/birth/postpartum. Care is provided by a midwife or a small team of midwives in partnership with a General Practitioner/Obstetrician.

*Department of Health Comment:*

- Barriers as above (1.4.1) and including limited spaces.
- Note this service is currently undergoing an evaluation process.

#### **1.4.3 Registered midwife referral to Bentley Health Service Social Work**

*Target Group:* Any patient with social concerns.

*Service Provider:* Bentley Health Service.

*Location of Services:* Bentley Health Service.

*Description of Service:*

Referral and assistance with:

- Centrelink applications;
- Homes West applications;
- HOPE (Helping Out People Everywhere) to provide charity/free baby supplies and furniture;
- Anglicare Green Shoots to link people with services such as Foodbank;
- Screening of any low-grade Family and Domestic Violence and liaison with father of baby to link to men's support groups, anger management programs or relationship counselling;
- Liaison with Child Protection and Family Support about any identified child protection concerns;

- Discussion of impact of drugs and alcohol during pregnancy, link to drug and alcohol counselling/support; and
- Referral to Aboriginal Grandmother for culturally-specific support, resource provision.

#### **1.4.4 St John of God Horizon House Young Mother and Baby Program**

*Target Group:* Women who are homeless or at serious risk of homelessness; aged 16 to 22 years; at least 12 weeks pregnant.

*Service Provider:* St John of God Social Outreach/Community Youth Services/ Mother and Baby Program.

*Location of Services:* Perth, Northern suburbs.

##### *Description of Service:*

- This program aims to help young mothers take pregnancy to term and develop essential life skills as a new mother and transition into independent living.
- The program provides parent education (prenatal and postnatal care), promotes bonding, security and attachment and provides monitoring of mother and baby's health and development.
- Practical education is provided in regards to home skills such as cooking, cleaning and gardening, self-care and healthy lifestyle education such as budgeting and nutrition.
- The program also focuses on promoting stress-management; social connectedness and rebuilding relationships where possible to reduce isolation; providing access to education, training and employment; and accessing ongoing community support whilst transitioning to long-term, independent accommodation.

The program offers three stages of support which can each be accessed for a period of up to 12 months, including:

- Accommodation and intensive support during pregnancy and for the first six months of the baby's life;
- Transitional accommodation and support for young mothers with a child aged up to three years; and
- Outreach support for young mothers who have transitioned to living independently.

Eligibility criteria include that the mother:

- Does not require accommodation for any older siblings;
- Is willing to work towards receiving a wage or obtaining Centrelink payments;
- Is willing to contribute towards their share of rent and utilities (the cost of rent is means tested);
- Is willing to fully participate in daily activities as agreed in their individual support plan such as school, work, courses and counselling;
- Is prepared to abide by the no smoking rule; and
- Has no current issues with alcohol and/or substance misuse.

## **1.5 Department of Health - Child and Adolescent Health Service**

### ***1.5.1 Infant Mental Health Programme***

*Target Group:* Vulnerable mothers with children aged 0 - 5 years.

*Service Provider:* Children and Adolescent Mental Health Service.

*Location of Services:* Clarkson Region.

*Description of Service:*

- Infant and Parent Psychotherapy.

*Department of Health Comment:*

- High demand in region.
- Requires assertive outreach and home visiting given the vulnerable population.

### ***1.5.2 Circle of Security Groups***

*Target Group:* Vulnerable mothers with children aged 0 - 5 years.

*Service Provider:* Children and Adolescent Mental Health Service.

*Location of Services:* Community Child and Adolescent Mental Health Service clinics across metropolitan area.

*Description of Service:*

- These groups have been co-facilitated with Newpin, Child Development Service and Child Protection and Family Support Program Best Beginnings Plus.
- Future groups to focus on active Child and Adolescent Mental Health Service clients parents of children under 5 years.



*Department of Health Comment:*

- Requires assertive outreach and home visiting given vulnerable population.

**1.5.3 Enhanced Aboriginal Child Health Schedule (EACHS)**

*Target Group:* Aboriginal families with children 0-5 years, with presence of risk factor/s or other criteria including:

- Teenage parents;
- Domestic violence;
- Maternal mental health issues and/or substance abuse;
- Infant or child with low birth-weight, failure to thrive, special needs or behavioural problems;
- Child protection involvement;
- Family instability, poverty, unemployment;
- Homelessness or overcrowding.

*Service Provider:* Child and Adolescent Health Service.

*Location of Services:* Perth Metropolitan Area.

*Description of Service:*

- Aims to improve health outcomes for Aboriginal children by providing effective early support at critical periods in a child's life to minimise the harmful effects of disadvantage and increase the likelihood of children achieving their social, educational and personal aspirations.

*Department of Health comment:*

- EACHS reflects current evidence and research and is subject to monitoring and evaluation processes to ensure the delivery of a useful, responsive and effective service.
- EACHS requires assertive outreach and home visiting given vulnerable population.

**1.5.4 Enhanced Home Visiting (EHV)**

*Target Group:* Families with children 0 - 5 years with presence of risk factor/s or other criteria including:

- Teenage parents;
- Domestic violence;
- Maternal mental health issues and/or substance abuse;
- Infant or child with low birth-weight, failure to thrive, special needs or behavioural problems;
- Child protection involvement;
- Family instability, poverty, unemployment;
- Homelessness or overcrowding.

*Service Provider:* Child and Adolescent Health Service.

*Location of Services:* Perth Metropolitan Area.

*Description of Service:*

- Service response in the home environment that minimises risk factors and maximises protective factors for infants and their families.
- Assist families in obtaining the support they need in caring for their children.

## **2. Mental Health Commission**

### **2.1. Women and Newborn Drug and Alcohol Service (WANDAS)**

*Target Group:* Pregnant women.

*Service Provider:* King Edward Memorial Hospital.

*Location of Services:* Perth (will provide services to women from all over the State).

*Description of Service:*

- WANDAS cares for pregnant women experiencing alcohol and other drug (AOD) issues, and empowers them to work out the safest way to reduce their AOD use, use safely or stop using.
- Women can discuss their options and will receive referrals to the appropriate services.

### **2.2. Attach Drug and Alcohol Service**

*Target Group:* Substance using parents who care for, or have significant contact with, at least one child aged between 0-8 years.

*Service Provider:* UnitingCare West.

*Location of Services:* Perth metropolitan area with office locations in Victoria Park, Fremantle and Inglewood.

*Description of Service:*

- Specialist parenting program that provides evidence based intervention for parents and families where problems associated with AOD use are present.
- Attach provides an intensive, in-home, multi-component counselling service for substance using parents who care for, or have significant contact with, at least one child aged between 0 - 8 years.
- Attach works with single parents, couples, young mothers and pregnant women. The service is free of charge and delivered over approximately three to six months, with the opportunity to extend engagement according to the client's needs.

- Attach utilises the Parents under Pressure (PuP) program to achieve the aims and overall outcomes of the program.

*Mental Health Commission Comment:*

- 100% of clients provided pre and post evaluations;
- Of those, 95% indicated improved interactions with families; and
- 95% indicated improved parenting skills.

### **2.3. Women's Health and Family Services (WHFS) - Outreach and Perinatal Mental Health**

*Target Group:* Women, children and families.

*Service Provider:* Women's Healthcare Association.

*Location of Services:* North Metropolitan.

*Description of Service:*

Comprehensive suite of programs that meet the needs of women, children and families in metropolitan and regional Western Australia.

- The Mental Health Community Outreach Program (MHCOP) and the Peri-Natal Mental Health Program (PNMH) at WHFS take a collaborative approach to support women, their children, and families living with the effects of poor mental health. The women's mental health issues may be serious and enduring, and for mother's primarily experienced in the peri-natal period.
- Through both of these programs, WHFS provides extensive, community mental health services for women and their families. The proposed service model aims to combine the resources of both teams to provide significant individual counselling and group support services to clients. This support involves individual assessments, face to face support, phone support, and core group programs.

### **2.4. Specialist Alcohol and Other Drug Treatment**

*Target Group:* Women and their families.

*Service Provider:* Women's Health and Family Services.

*Location of Services:* North Metropolitan.

*Description of Service:*

- WHFS provides free specialist AOD assessment, treatment and referral for women their families who are seeking support.
- The Drug and Alcohol Program (DAP) assists women and their families impacted by their own and/or a significant others', alcohol or other drug use and contributing issues.

- The Pregnancy, Early Parenting and Illicit Substance Use Women's and Children's Program provides counselling, outreach, family and social recreational activities for women who are pregnant and/or parenting and have AOD issues.
- The Mental Health Commission also procures services from WHFS to provide priority access for clients referred through the Western Australian Diversion Program.

## **2.5. Perinatal Services**

### **2.5.1. *The Fremantle Women's Health Centre***

*Target Group:* Women and their families.

*Service Provider:* Fremantle Women's Health Centre (FWHC)

*Location of Services:* South Metropolitan.

*Description of Service:*

- Provides a range of diverse clinical, preventive and health promotion services in the area of women's health to women aged 16 years and over.
- Services include medical, nursing, physiotherapy, counselling, health education and group activities with a crèche facility for some appointments and groups.
- Medicare payments are processed for medical services.

### **2.5.2. *South Coastal Health and Community Services***

*Target Group:* Women and their families.

*Service Provider:* South Coastal Health and Community Services.

*Location of Services:* South coastal region.

*Description of Service:*

- South Coastal Health and Community Services has been delivering the Perinatal Mental Health Support Program (PMHSP) for almost twenty years
- The program provides both one on one counselling, therapeutic support groups and general information and referral services.
- Based in Rockingham the service covers a large metropolitan region with the second highest growth population in the state.

## **2.6. AOD residential treatment and support**

*Target Group:* Women seeking residential AOD treatment who have young children in their care.

*Service Provider:* Cyrenian House – Rick Hammersley Centre.

*Location of Services:* North of Perth.

*Description of Service:*

- The Saranna Women and Children's Program allows mothers with young dependent children in their care to access a residential alcohol and other drug treatment service within a therapeutic community setting.
- The service addresses the current inequality of service access for women with young dependents and facilitates family re-unification and strengthening.
- Women and their children form an integral part of the Therapeutic Community living in self-contained cottages to maintain the development of the family unit whilst engaging in a daily program of recovery.

## **2.7. Parent Peer Support Program**

*Target Group:* Parents.

*Service Provider:* Mental Illness Fellowship of WA (MIFWA).

*Location of Services:* Outreach.

*Description of Service:*

- Develops the skills of parent peer support workers to support and work alongside parents with a mental illness to develop their own skills and choices to work towards better outcomes for the individuals and their families.
- The service employs and trains Parent Peer Support Workers and conducts support groups for parents living with a mental illness.

## **3. Department for Child Protection and Family Support**

### **3.1. Best Beginnings Plus (BB Plus)**

*Target Group:* BB Plus is targeted to expectant parents, and parents with a baby less than 12 months old. Families can be accepted into the service in the antenatal period or until the baby reaches 12 months of age. As BB Plus is delivered to families over a one year period, children receiving a service will be at a maximum age of two years. The service can only be accessed by families referred to CPFS and case managed by the IFS teams.

Eligible families have children at significant risk of child abuse and neglect and further contact with the child protection system. Priority of access for service is given to: Aboriginal families; children in care who are parents or expectant parents and families involved in a child protection pre-birth process.

*Service Provider:* Department for Child Protection and Family Support.

*Location of Services:* Each CPFS district offers a BB Plus service and this provides state-wide coverage. There are eight metropolitan districts and nine country districts.

*Description of Service:*

- BB Plus is an earlier intervention, intensive home visiting program that works alongside families with infants at risk of neglect and/or abuse.
- BB Plus empowers parents to provide a safe, secure and nurturing environment for their child.
- BB Plus compliments statutory child protection work by providing a parallel program that focuses on the needs of infants through building family's skills in parenting, child development, child health and safety, attachment, family functioning and parental well-being.

*Department of Child Protection and Family Support Comment:*

- Outcomes have been evaluated for the previous Best Beginnings service. In 2014, the evaluation found that Best Beginnings increased the client's understanding of child development, enabled the development of a more confident parenting approach and increased community connection. It was observed that participation supported better child health and development outcomes, with some children avoiding entering out-of-home care. Risk factors also decreased including pregnancy ambivalence, unstable housing, social isolation and family violence. A *Study of Best Beginnings Clients (Telethon Institute)* in 2008 found that the program assisted with building positive parenting approaches, reducing risk factors and enabling parents to access primary health care. *Analysis of Best Beginnings Client Data (Telethon Institute)* 2006 found that more than 70 per cent of discharged families had some improvement in: infant health and wellbeing; parent/family functioning; social networks; and parental empowerment.
- Engaging families in country areas: the *Evaluation of the Royalties for Regions Responsible Parenting Services* found that Best Beginnings engaged families in country districts through employing local staff and Aboriginal workers; providing practical support to meet immediate needs of families; using a persistent approach to engagement and trust; and having linkages with other services.

- An independent review of Best Beginnings was undertaken in 2016 by the Berry Street Childhood Institute. One of the reasons for the review was a concern that fewer than expected Aboriginal families were accessing the program. The review led CPFS to re-develop the model (under BB Plus) to be more culturally responsive.

### **Getting Ready for Pre-Birth Planning Project**

*Target Group:* Aboriginal women and families.

*Description of Service:*

- This project aims to increase the number of Aboriginal women and families actively participating in Pre-Birth Signs of Safety meetings, and improve outcomes in pre-birth planning with Aboriginal children and families.
- The project considers communication and engagement with Aboriginal families, so that information is exchanged in a way that meets the needs of the family and reduces some of the anxiety often associated with complex planning processes.
- Features include early collaboration with an Aboriginal Community Controlled Organisation, the family and CPFS to work on safety planning and necessary supports for the unborn child, parent/s and broader family.
- Evaluation of the project is currently being undertaken in pilot districts with implementation across all districts anticipated for 2018.

### **3.2. Ngala Overnight Stay (ONS) Service**

*Target Group:* Families with young children aged between 0 and 6 years.

*Service Provider:* Contracted.

*Description of Service:*

- The ONS Service is a contracted program which provides intensive parenting support to families with young children aged between 0 and 6 years.
- The service addresses issues that are impacting upon the parenting role including tiredness, anxiety, post-natal depression, relationship difficulties and/or family of origin issues that prevent them from being the parent they would like to be.

### **3.3. Kwinana Early Years Services (KEYS)**

*Target Group:* parents with at least one child aged 0 to 8 years who are defined as being at-risk of poor life outcomes, and live within the Town of Kwinana local government area.

*Service Provider:* Contracted.

*Description of Service:*

- The service works from a strength based approach, identifying the needs and strengths of the parents to build a strong parent/child relationship.
- KEYS aims to empower parents, improve their confidence, and provide suitable links within the community to other service providers.

### **3.4. Parent and Baby Support Service**

*Description of Service:*

- This is a new service currently in the design phase under the suite of Out-of-Home Care (OOHC) Reforms and will be contracted to the community service sector.
- The service will provide live in accommodation for Aboriginal parents and new born children where there are identified safety risks for the baby.
- The service model will be co-designed with the community services sector with a view to procuring and awarding a contract in 2018.

## **4. Department of Corrective Services**

### **4.1. Youth Justice Services**

*Service Provider:* Contracted services.

*Description of Service.*

- Programs and services are procured against 5 program areas:
  - Rehabilitation.
  - Emotional wellbeing.
  - Education, training and employment.
  - Life skills, health and development; and
  - Bail services.

*Department of Corrective Services comment:*

- Currently no specific services that target young parents, however the program areas of Life Skills, Health and Development provides young people with services that are developed and tailored to meet their individual needs.



- These services can provide support and appropriate referrals to wider-based community programs to decrease the risk profile and trajectory of young parents.

## 5. Department of Education

### 5.1. Schools providing classes for pregnant and parenting young people and onsite child care

*Target Group:* Pregnant women or mothers and young children.

*Location of services:* metropolitan Perth and rural Western Australia.

*Description of Service:*

- There are a number of schools and centres in Western Australia that provide an opportunity for pregnant and parenting young people to attend either parenting classes or classes at part of a woman's general education.
- Some of these schools and centres also have access to onsite child care, including:
  - **Balga Senior High School, Child Care Centre and Young Parents Program:** This service is for teenage parents attending Balga Senior High School and their children. The child care centre is located on the school site and the Balga SHS Young Parents Program caters specifically for pregnant and parenting young people.
  - **Challenger Institute, Young, Pregnant and Very Excited:** A youth and parenting program.
  - **Cyril Jackson Senior Campus:** Caters for students who wish to study senior secondary courses in an adult environment with strong support.
  - **Fremantle Fast Track** (part of North Lake Senior Campus): For students who have not successfully completed Year 10 or need extra support to continue or resume secondary education or prepare for work or training.
  - **Mum's the Word:** Supports pregnant and parenting young people in the Albany area by providing an educational program through SIDE, a study supervisor and a crèche.
  - **Port School:** Port is an independent school that serves students who have not been able to achieve success in mainstream school settings. It has an early learning centre and young parents centre.
  - **Trinity Learning Centre (Uniting Care West):** Trinity Learning Centre supports pregnant and parenting teenage women who are enrolled in secondary studies through SIDE and/or TAFE.